

SUPPLIERS	MEAT	FRESH PRODUCE	READY TO EAT MEALS	FROZEN MEALS	RECIPE AND MEAL BOX	BAKERY, SNACKS, DRINKS
Barossa Fine Foods barossafinefoods.com.au Fresh meat, smallgoods, local SA pantry items and ready to eat meals	✓		✓			
Fresh 'n Delicious freshndelicious.com.au Fruit and vegetables packed for you, with a choice of seasonal products		✓				
HelloFRESH hellofresh.com.au Quick, easy-to-follow recipes with fresh, quality ingredients					✓	
Marley Spoon marleyspoon.com.au Healthy meal kits with quality seasonal ingredients from local Australian suppliers					✓	
Nonna's Cucina Nonnascucina.com.au 8240 3491 Fresh ready to eat meals and frozen options available			✓	✓		
Meals on Wheels mealsonwheelssa.org.au 1800 854 453 Meals – soup, main course and dessert are delivered daily, with the option for freezer ready meals for the weekends			✓	✓		
Pepper Leaf pepperleaf.com.au Easy-to-follow recipes with fresh, quality ingredients					✓	
Youfoodz youfoodz.com Offer fruit and veg boxes, ready to eat meals, snacks and drinks			✓			✓

Frozen Meals

Pre-prepared meals, cooked and frozen for convenience.

Fresh Produce

Fruit and vegetables

Ready to Eat Meals

Ready to heat and eat meals are prepared and cooked in advanced with only reheating required and can be enjoyed within minutes. Great for those who love the convenience of no cooking and no mess.

Recipe and meal box

A meal box with all the fresh items you need to prepare meals following the recipe cards included. Great for those who love to cook.

