

Commonwealth Home Support Programme (CHSP) CLIENT PRICE LIST

Effective 1 August 2025



HOME SERVICES

Domestic Assistance

Services include:

- Ad hoc meal preparation
- Unaccompanied shopping[#]
- Ironing
- Laundry (stripping and re-making bed, loading/unloading washing machine, hanging up and/or bringing in from line, folding washing - time dependent)
- Basic spot cleaning of main areas (main bedroom, bathroom, living or kitchen) incl:
 - A light vacuum/sweep/mop of floor surfaces, without moving any furniture
 - Wiping down of bench top surfaces (kitchen, bathroom and laundry) and cleaning around items without moving them (e.g. toaster, microwave)
 - Light dusting of window sills

| Day and Time | Hourly Rate | Client Contribution | Supplies |
|-----------------------|-------------|---------------------|--|
| Monday-Friday 9am-5pm | \$87 | \$19 | Utilises clients' own cleaning equipment and products. |
| Out of hours | \$95 | \$21 | |
| Saturday | \$116 | \$21 | |
| Sunday | \$135 | \$21 | |
| Public Holidays | \$158 | \$21 | |

Personal Care and Support

Services include:

- Washing or styling hair
- Shaving
- Bathing or showering
- Assistance with dressing/undressing
- Assistance getting into/out of bed
- Preperation/cooking/assistance with meals
- Transport to/from appointments[#]
- Shopping or social outings
- Medication monitoring

| Day and Time | Hourly Rate | 30min Rate |
|--------------------------------|-------------|------------|
| Monday-Friday 7am-8pm | \$87 | \$69 |
| Client Contribution | \$19 | \$9.50 |
| Out of hours | \$95 | \$74 |
| Client Contribution | \$21 | \$10.50 |
| Saturday | \$116 | \$95 |
| Client Contribution | \$21 | \$10.50 |
| Sunday | \$135 | \$112 |
| Client Contribution | \$21 | \$10.50 |
| Public Holidays 7am-8pm | \$158 | \$118 |
| Client Contribution | \$21 | \$10.50 |

CHSP CLIENT PRICE LIST

Effective 1 August 2025



HOME SERVICES

Nursing Services

Services include:

- Support with chronic diseases
- Medication management and administration
- Wound management and care
- Diabetes assessment and support including blood glucose testing
- Behavioural support
- Dementia assessment and support to both the person living with dementia and carer/s
- Monitoring including blood pressure, urinalysis and oxygen levels
- General health assessments and reviews
- Assessment of and education on stomas
- Nutrition assessment, education and support
- Continence assessment and advice
- Catheter care
- Pain assessment, management and support
- Access to a qualified nursing team for Mental Health, End of Life, Complex Care and Dementia

| Day and Time | Hourly Rate | 30min Rate |
|--------------------------------|-------------|------------|
| Monday-Friday 8am-6pm | \$153 | \$105 |
| Client Contribution | \$21 | \$16 |
| Out of hours | \$173 | \$122 |
| Client Contribution | \$21 | \$16 |
| Saturday | \$201 | \$137 |
| Client Contribution | \$21 | \$16 |
| Sunday | \$237 | \$163 |
| Client Contribution | \$21 | \$16 |
| Public Holidays 8am-6pm | \$280 | \$173 |
| Client Contribution | \$21 | \$16 |
| Nursing Assessment | \$389 | |
| Client Contribution | \$32 | |

CHSP CLIENT PRICE LIST

Effective 1 August 2025



RESPIRE SERVICES

Day Programs

| Service | Rate* | Client Contribution |
|--|--------------|---------------------|
| Monday-Friday (including Public Holidays) 9.30am - 3.30pm | \$250 | \$29 |
| ECH Bus Transport - 2 way | \$34 per day | \$16 |
| ECH Bus Transport - 1 way | \$17 per day | \$8 |

Community Connections

| Service | Rate* | Client Contribution |
|-------------------|----------------|---------------------|
| Bus trip^ | \$195 per day | \$60 |
| Get Connected | \$53 per event | \$6 |
| Premium ECH Event | \$195 | \$60 |

WELLNESS SERVICES

Allied Health - Group Programs

| Allied Health Group Programs* | Per class (45min) |
|-------------------------------|-------------------|
| Balance | \$16 |
| Boxercise | \$16 |
| Chi Ball | \$16 |
| Circuit | \$16 |
| Conditioning | \$16 |
| Core Strength | \$16 |
| Neurological Rehabilitation | \$16 |
| Open Gym | \$16 |
| Strong & Stable | \$16 |
| Tai Chi | \$16 |
| Talkback/Speech | \$14 |

To join an Allied Health Group Program, you will need an ECH Exercise Physiologist Initial Assessment for \$35.*

| Strength For Life* | Rate | Client Contribution |
|---------------------------------------|------|---------------------|
| Strength For Life group program/class | \$14 | \$14 |
| Initial Assessment | \$70 | \$35 |

CHSP CLIENT PRICE LIST

Effective 1 August 2025



Allied Health

| Service | In-Clinic | | | In-Home | | |
|----------------------|--|------------------|--------------|----------------------|------------------|--------------|
| | Initial Consultation | Standard Consult | Long Consult | Initial Consultation | Standard Consult | Long Consult |
| Dietetics | \$121 | \$90 | \$121 | \$294 | \$189 | \$231 |
| Exercise Physiology | | | | | | |
| Music Therapy | | | | | | |
| Occupational Therapy | | | | | | |
| Physiotherapy | | | | | | |
| Podiatry* | | | | | | |
| Social Work | | | | | | |
| Client Contribution | \$35 | \$25 | \$35 | \$92 | \$61 | \$78 |
| Massage* | \$111 | \$69 | \$111 | \$184 | \$153 | \$184 |
| Client Contribution | \$35 | \$25 | \$35 | \$75 | \$61 | \$75 |
| Personal Training* | - | \$53 | \$84 | - | \$121 | - |
| Client Contribution | - | \$16 | \$26 | - | \$35 | - |
| Speech Therapy | \$273 | \$126 | \$252 | \$394 | \$231 | \$252 |
| Client Contribution | \$42 | \$32 | \$42 | \$92 | \$61 | \$78 |
| Occupational Therapy | Rate* | | | Client Contribution | | |
| Home Assessment | \$504 | | | \$167 | | |
| Telehealth | Charged at initial and standard in-clinic service rate | | | | | |

CHSP CLIENT PRICE LIST

Effective 1 August 2025



ACKNOWLEDGMENT

Funded by the Australian Government Department of Health

Although funding for specific ECH services has been provided by the Australian Government under the Commonwealth Home Support Programme (CHSP), the material contained herein does not necessarily represent the views or policies of the Australian Government.

GENERAL ECH PRICING INFORMATION

Prices and GST

Prices are effective from 1 August 2025 and are subject to change. All prices in this price list exclude GST. All prices are for services delivered directly by ECH to individual members of the public and are GST free if delivered as part of a Home Care Package (HCP). GST may apply where not Government funded, such as and Domestic Assistance, and User Pay.

Standard Service Hours and Service Time Frames

ECH provides services between 7am to 8pm Monday to Friday except where otherwise specified. To ensure all ECH clients receive quality care, all services are scheduled within a one-hour time frame between the days and times shown for each service. Services can be arranged outside of the standard service hours and on Public Holidays, upon request, at an additional cost. If your appointment time extends over the duration of the booked appointment time, please note you will be charged in extra 30-minute increments.

Domestic Assistance services will be provided within a one-hour time frame regardless of day, with a minimum charge of one-hour regardless of appointment length.

Public Holidays

Public Holidays will be charged at a higher Public Holiday rate except where specified otherwise. Not all services are available on Public Holidays.

Bookings and Cancellations

ECH applies a strict bookings and cancellations policy. Bookings and cancellations are essential for all services including appointments, exercise classes and events. Notification of cancellation is required at least 24 hours in advance of the scheduled appointment, group program, event or service. Where timely cancellation is not received, the full price may be applied (excluding exercise classes). If you need to attend to an unplanned hospitalisation, medical emergency or family emergency you will not be charged.

Specific Pricing Information

Specific pricing information may apply to individual services and are detailed on the relevant service description in this price list.

CHSP CLIENT PRICE LIST

Effective 1 August 2025



GENERAL ECH PRICING INFORMATION

Specific Pricing Information

Home Services

Domestic Assistance

Standard service hours are Monday to Friday between 9am to 5pm. Minimum charge of one-hour regardless of appointment length. Utilises clients' own cleaning equipment and products. Does not include oven or window cleaning. #Any travel that occurs within the scheduled appointment will be charged at \$1.30 per kilometre.

Personal Care and Support

Standard service hours are Monday to Friday between 7am to 8pm. These services can be arranged out of standard hours upon request. #Any travel that occurs within the scheduled appointment will be charged at \$1.30 per kilometre.

Respite

Day Programs

*Rates are based on the arrive and depart times shown to ensure appropriate staff coverage. An assessment will be undertaken during your first attendance to determine ongoing suitability of the Day Program for your needs. This will be charged at the Day Program standard rate of \$29 and is non-refundable. Attendance can be fully funded via a Home Care Package, on a self-funded basis or partially funded via an approved CHSP program. May not be available on public holidays. Transport to and/or from can be arranged and will be discussed with you prior to booking.

^Transport 1 and 2 way not currently available to ECH Day Program Happy Valley.

Community Connections

All participants are required to complete an ECH assessment prior to attending. For more details on the current schedule, please visit ech.asn.au/events. *Includes morning tea, lunch and any applicable entrance fees. Bus Trip attendance can be fully funded via a Home Care Package or on a self-funded basis. Cost of \$195 per person includes snacks, lunch, and any applicable entrance fees. CHSP clients can access a subsidised rate of \$53 but will need a referral from My Aged Care. An ECH staff member will contact you to book an assessment once a My Aged Care referral is received. Minimum four participants required per bus trip.

Wellness Services

Initial Assessment includes: preparation, clinical assessment & intervention, documentation, and follow-up communication with your nominated contact person and/or health care team. Initial consultations include a thorough assessment and discussion about your condition and goals. It also incorporates ordering equipment and consumables as required.

Standard and Long Consultations includes: preparation, clinical assessment & intervention, documentation, and follow-up communication with your nominated contact person and/or health care team. Includes ordering equipment and consumables as required. Your treating allied health professional will recommend a long consultation if needed to provide enough time for treatment.

If you have private health insurance you may be able to seek rebates from your provider, or if you are aged 65 years or over, you may qualify for financial assistance from the Government via a Home Care Package (HCP). If you have a valid referral for the Medicare Chronic Disease Management Program or if you are eligible to access services through DVA, ECH claim your service directly with Medicare/DVA and you will have no out-of-pocket expenses. Government funding may be available to subsidise Allied Health Services upon assessment via My Aged Care. All visits are priced at a per visit rate, travel time is incorporated into the rates shown for home visits.

Podiatry:

*Nail Surgery (2hr surgery and 30 min follow up consult) is charged at \$368. CHSP clients can access a subsidised rate of \$74.

Massage Therapy

*Massage appointments include treatment time, set-up, pack-up and documentation time.

Personal Training:

*Exercise physiologist appointment and referral required to access this service.

Group programs

*If you do not attend an ECH Allied Health Program for 6-11 months, you will need an ECH Exercise Physiologist Standard Consult for \$90. A review is required every 12 months, priced at the ECH Exercise Physiologist standard consult rate of \$90. CHSP clients can access a subsidised rate of \$25. If you do not attend an ECH Allied Health Program for over 12 months, you will need an ECH Exercise Physiologist Initial Assessment for \$121. CHSP clients can access a subsidised rate of \$35. If you have private health insurance you may be able to seek rebates from your provider, or if you are aged 65 years or over, you may qualify for financial assistance from the Government via a Home Care Package (HCP).

#Strength for Life is a COTA SA registered program – capped at \$14. Strength for Life initial assessment is \$70 with a Physiotherapist or Exercise Physiologist and is required to be undertaken prior to commencement.