

CLIENT PRICE LIST

Effective 1 August 2025



HOME SERVICES

Domestic Assistance

Services include:

- Ad hoc meal preparation
- Unaccompanied shopping
- Ironing
- Laundry (stripping and re-making bed, loading/unloading washing machine, hanging up and/or bringing in from line, folding washing - time dependent)
- Basic spot cleaning of main areas (main bedroom, bathroom, living or kitchen) incl:
 - A light vacuum/sweep/mop of floor surfaces, without moving any furniture
 - Light dusting of window sills

- Wiping down of bench top surfaces (kitchen, bathroom and laundry) and cleaning around items without moving them (e.g. toaster, microwave)
- All travel with, or on behalf of a client is charged at \$1.30 per kilometer

Day and Time	Hourly Rate	Supplies
Monday-Friday 9am-5pm	\$87	Utilises clients' own cleaning equipment and products.
Out of hours	\$95	
Saturday	\$116	
Sunday	\$135	Minimum duration 1 hour
Public Holidays	\$158	

Personal Care and Support

Services include:

- Washing hair
- Shaving
- Bathing or showering
- Assistance with dressing/undressing
- Assistance getting into/out of bed
- Assistance with meals
- Preparation of meals
- Cooking
- Transport to/from appointments

- Shopping or social outings
- Medication monitoring
- All travel with, or on behalf of a client is charged at \$1.30 per kilometer

Day and Time	Hourly Rate	30min Rate
Monday-Friday 7am-8pm	\$87	\$69
Out of hours	\$95	\$74
Saturday	\$116	\$95
Sunday	\$135	\$112
Public Holidays 7am-8pm	\$158	\$118

Garden Maintenance

Services include:

- Basic lawn mowing
- Weed spraying and pruning (pruning is basic and where overgrowth may pose a risk)
- Cleaning pathways to prevent falls

- Garden waste to be disposed of in Green Council bin

Day and Time	Hourly Rate
Monday-Friday 8am-4.30pm	\$92

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HOME SERVICES

Nursing Services

Services include:

- Support with chronic diseases
- Medication management and administration
- Wound management and care
- Diabetes assessment and support including blood glucose testing
- Behavioural support
- Dementia assessment and support to both the person living with dementia and carer/s
- Monitoring including blood pressure, urinalysis and oxygen levels
- General health assessments and reviews
- Assessment of and education on stomas
- Nutrition assessment, education and support
- Continence assessment and advice

- Catheter care
- Pain assessment, management and support
- Access to a qualified nursing team for Mental Health, End of Life, Complex Care and Dementia

Day and Time	Hourly Rate	30min Rate
Monday-Friday 8am-6pm	\$153	\$105
Out of hours	\$173	\$122
Saturday	\$201	\$137
Sunday	\$237	\$163
Public Holidays 8am-6pm	\$280	\$173

Nursing Assessment	\$389
Additional documentation time	\$30.25 per 15 minutes

Garden Therapy

- Provided by our Social and Horticultural Therapists
- Connecting with nature for restorative benefit
- Wellbeing outcomes through engagement with plants

Day and Time	Rate
Monday-Friday 9am-5pm Subject to availability	\$100 per hour
Additional documentation time	\$30.25 per 15 mins

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WELLNESS SERVICES

Allied Health

Service	In-Clinic			In-Home		
	Initial Consultation	Standard Consult	Long Consult	Initial Consultation	Standard Consult	Long Consult
Dietetics	\$121	\$90	\$121	\$294	\$189	\$231
Exercise Physiology						
Music Therapy						
Physiotherapy						
Podiatry						
Social Work						
Massage	\$111	\$69	\$111	\$184	\$153	\$184
Personal Training/Allied Health Assistant	-	\$53	\$84	-	\$121	-
Speech Therapy	\$273	\$126	\$252	\$394	\$231	\$252
Occupational Therapy	\$121	\$90	\$121	\$504	\$189	\$231
Telehealth	Charged at equivalent in-clinic service rate					
If additional documentation time is required, this will be charged at \$30.25 per 15-minute increments.						

Allied Health - Group Programs

Allied Health Group Programs	Per class (45min)
Balance*	\$16
Circuit*	\$16
Conditioning*	\$16
Core Strength*	\$16
Neurological Rehabilitation*	\$16
Strong & Stable*	\$16
Tai Chi*	\$16
Strength for Life ⁺	\$14
Talkback/Speech [^]	\$14

* To join an Allied Health Exercise Group, you will need to complete an initial in-clinic consultation with an Allied Health Professional

⁺ Strength for Life (SFL) is a COTA based progressive training program which requires an assessment prior to joining. SFL Assessments are capped at \$70.

[^] To join a Talkback/Speech group, you will need to complete an initial in-clinic consultation with a Speech Pathologist.

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RESPIRE SERVICES

Day Programs

Services include:

- Connections, activities and wellness in a secure club environment
- Memory support
- Gardening
- Arts and crafts
- Billiards
- Music and dancing

- Gentle exercise
- Relaxation
- Cooking

Service	Rate
Monday-Friday 9.30am - 3.30pm	\$250
ECH Bus Transport – 2 way	\$34 per day
ECH Bus Transport – 1 way	\$17 per day

Community Engagement

Living Well Consults include

- One-on-one support to help you expand your social circles, explore new hobbies, and connect with your local community.

Bus Trips include

- Enjoy outings to a variety of interesting destinations across Adelaide. Each trip includes a planned itinerary and a delicious lunch.

Community Connections

- Choose from a range of interest groups including music appreciation, lunch clubs, coffee catch-ups, craft sessions, and more.

Service	Rate
Bus trip	\$195 per day
Get Connected Group	\$53 per event
Premium ECH Event	\$195 per event
Living Well Consult	\$60 per 30 mins / \$113 per hour

Home Care Package Management

Care Management	Daily Rate	Annual Rate
Level 1	\$4.69	\$1,711.85
Level 2	\$10.27	\$3,748.55
Level 3	\$22.36	\$8,161.40
Level 4	\$33.93	\$12,384.45

Package Management	Daily Rate	Annual Rate
Level 1	\$2.67	\$974.55
Level 2	\$6.12	\$2,233.80
Level 3	\$12.44	\$4,540.60
Level 4	\$18.50	\$6,752.50

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GENERAL ECH PRICING INFORMATION

Prices and GST

Prices are current from 1 August 2025 and are subject to change. All listed prices exclude GST. Services delivered under a Home Care Package (HCP) are GST-free. GST may apply to services not funded by the government, such as Garden Maintenance and Domestic Assistance.

Standard Service Hours and Appointment Timeframes

ECH services are available Monday to Friday, between 7:00am and 8:00pm, unless stated otherwise. Home Services are scheduled within a one-hour start window and are delivered in 30-minute blocks. Services outside standard hours or on public holidays can be arranged and will incur extra charges. If a service runs over time, additional charges apply in 30-minute increments. Charges are based on the scheduled duration of the visit, not the actual time delivered. If a service finishes early, the full scheduled time will still be charged.

Bookings and Cancellations

ECH maintains a bookings and cancellations policy. Bookings are essential for all services, including individual appointments, exercise classes, group programs, and events. To avoid incurring charges, cancellations must be made at least 24 hours in advance of the scheduled service. If notice is not provided within this timeframe, the full service fee may apply. Exceptions are made for unplanned hospitalisations, medical emergencies, or family emergencies.

Specific Pricing Information

HOME SERVICES

Home Care Package Management

Care and Package Management fees are calculated daily and charged for each day on a Home Care Package. These charges are based on your Home Care Package level and appear as a single monthly amount on your statement.

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GENERAL ECH PRICING INFORMATION

Specific Pricing Information

RESPIRE SERVICES

Day Programs

An assessment will be undertaken during your first attendance to determine ongoing suitability of the Day Program. Day Program is charged at standard rates regardless of arrival / departure time. Transport may be available upon request. Programs include morning tea, lunch, and snacks. Day Program is not available on Public Holidays. For ongoing Day Program attendance, reviews are conducted annually, if you've not attended a Day Program for three months or as required.

Community Engagement

A suitability assessment is required prior to attending our community engagement groups. Visit ech.asn.au/events for current schedules. Group programs may include morning tea/snack, lunch, and any applicable entrance fees. Bus trips require a minimum of 4 participants per trip.

WELLNESS SERVICES

All visits are priced at a per visit rate.

Initial Consultations

Include preparation, clinical assessment, documentation, and communication with your nominated contact or healthcare team. May include ordering equipment or consumables.

Standard and Long Consultations

Include preparation, clinical assessment & intervention, documentation, and follow-up communication with your nominated contact or healthcare team. Includes ordering equipment and consumables as required. Long consultations are recommended when additional time is needed for treatment.

Home Consultations

Travel time is included in home visit rates

Podiatry

ECH offer Nail surgery (a 2-hour procedure + 30-minute follow-up) priced at \$368

Massage Therapy

Includes treatment, setup, pack-up, and documentation time

Personal Training

Requires an appointment with, and a referral by an Exercise Physiologist

Allied Health Assistants

Consults with an Allied Health Assistant will require pre-assessment by Allied Health Professional

Allied Health Group Programs

To join an Allied Health group program, an Initial In-Clinic Consult with the relevant Allied Health Professional is required.

An initial in-clinic consultation is also required if a client has been absent from a group programme for more than twelve months. For ongoing group attendance, a standard in-clinic consultation is required

- every 12 months, or
- if you have not attended a group for more than three months